

## Curriculum Vitae

Judy Stevens Ponder, DNP, RN, NPD-BC, NE-BC, CSSGB  
744 Cane Branch Road  
Mt. Vernon, Kentucky 40456  
Home (606) 256-5781  
Cell (859) 229-6020  
Judy.ponder@bhsi.com

### Education

<u>Institution</u>	<u>Degree</u>	<u>Date Conferred</u>	<u>Field of Study</u>
University of Kentucky	DNP	2012, August	Doctor of Nursing Practice
University of Kentucky	MSN	1995, December	Family Nurse Practitioner
Berea College	BSN	1989, May	Nursing

### Professional Licensure

1989-Present Registered Nurse (RN) – State of Kentucky,  
Kentucky Board of Nursing License #1063278

### Certifications

2021 - present Board Certified Nurse Executive, American Nurse Credentialing Center (ANCC)

2018 - present Certified Green Belt, Baptist Health Process Excellence Lean Six Sigma

2018 - present Trainer/Facilitator, Everything DiSC Model Personality Assessment, The Strategy Forums

2017-present Nursing Professional Development Certification, American Nurses Credentialing Center (ANCC)

2016 – 2017 Fellowship, Nurse Faculty Leadership Academy, Sigma Theta Tau International Honor Society of Nursing

1986- present Healthcare Provider CPR/AED Certification, American Heart Association

1995- 2014 Basic Life Support Instructor, American Heart Association

2014-June 2016 Pediatric Advanced Life Support (PALS) Certification, American Medical Resource Institute National Board of Emergency Care Certifications,

## Professional Experience

<u>Dates</u>	<u>Institution and Location</u>	<u>Clinical Position</u>
October 2016 – present	Baptist Health Richmond Richmond, Kentucky	Director, Education and Professional Development/ Wound Care
March 2023 - present	Eastern Kentucky University Richmond, Kentucky	DNP Faculty School of Nursing
2013 – 2016	Berea College Berea, Kentucky	Assistant Professor of Nursing
2002 - 2013	Shriners Hospitals for Children Lexington, Kentucky	Director of Hospital Education and Research/Library Services
2003 – 2013	Eastern Kentucky University Richmond, Kentucky	Adjunct Nursing Faculty
2011	Midway College Midway, Kentucky	Adjunct Nursing Faculty
1999 – 2002	Shriners Hospitals for Children Lexington, Kentucky	Case Management, Spina Bifida/Urology/Spinal Cord Injury
1995 – 1999	Shriners Hospitals for Children Lexington, Kentucky	Director of Hospital Education and Research
1994 – 1995	Shiners Hospitals for Children Lexington, Kentucky	Coordinator, Hospital Education and Research
1989 – 1994	Shriners Hospitals for Children Lexington, Kentucky	Primary Staff Nurse/Charge

## Awards and Honors

2021	Leadership Madison County, Community Leader Program Graduate
2020	Certificate of Recognition, Nominee for the KONL Lifetime Achievement Award
2016 - 2017	Sigma Theta Tau International, Nurse Faculty Leadership Academy (NFLA) Scholar
2013	Collaborator, Advisor, Mentor Award from the Association of Nursing Professional Development (ANPD)

2010	Association of Practitioners in Infection Control (APIC) Scholarship Recipient
2010	Shriners Hospitals for Children, Exceeding Expectations Award <ul style="list-style-type: none"> <li>• 20 Year Service Award- Shriners Hospitals for Children, 2009</li> <li>• 15 Year Service Award-Shriners Hospital, 2004</li> <li>• 10 Year Service Award-Shriners Hospital, 1999</li> <li>• 5 Year Service Award-Shriners Hospital,1994</li> <li>• 3 Year Service Award-Shriners Hospital, 1992</li> <li>• 1 Year Service Award-Shriners Hospital, 1990</li> </ul>
2009	Sigma Theta Tau International Delta Psi Chapter Scholarship Recipient
2009	Association of Practitioners in Infection Control (APIC) Scholarship Recipient
2008	Shriners Hospitals for Children Service Excellence Award
2006	Special Recognition from Shriners International Headquarters, for implementation of Shriners Hospitals International Network for Education (SHINE) Learning Management System.
2006	Advocate for Community Education (ACE) Award for Rockcastle County Middle School Y Club
2005	Shriners Hospitals for Children Performance Improvement: The Golden Mousetrap Award for Hospital Education
2003	Excellence in the Role of Nursing Professional Development Educator Award from National Nursing Staff Development Organization (NNSDO)
1994	Sigma Theta Tau International Honor Society of Nurses, Inductee ( <i>dual membership Theta Nu Chapter 2017 – present</i> )

### **Committee Service**

2023	Education Consultant, Baptist Health I-PASS Handoff Implementation Team,
2023	ANCC Magnet and Pathway to Excellence Abstract Reviewer

2022	Baptist Health Learning and Education Shared Governance Council
2021 – present	Baptist Health Sepsis Team
2020 – present	Board Member/Cumberland District Director for Kentucky Organization of Nurse Leaders (KONL)
2020 – 2022	Baptist Health Education Resource Council, Chair
2020-Present	Program Planning Committee, Kentucky Organization of Nurse Leaders (KONL)
2019	Organized and facilitated “Night of Celebration” BHR Poster Session and Reception to highlight staff who had presented at Local, State and National Conferences
2019	Member, Baptist Health Workplace Violence Committee
2018	Lean Six Sigma Green Belt Training, Baptist Health Richmond, Project: ED registration process flow
2018 - present	Professional Advancement through Clinical Engagement and Recognition (PACER) – also known as clinical ladder
2018	Board Member at Large, Central Kentucky Staff Development Group (CKSDG) –chapter affiliate for ANPD
2017 – 2019	President, Sigma Theta Tau International Honor Society of Nursing, Delta Psi, University of Kentucky
2017 – 2021	Kentucky Nurses Action Coalition (KNAC) formerly Kentucky Center for Nursing, Board Member –Director
2017-present	Baptist Health Richmond (BHR) Women of Courage Committee
2018 - present	BHR Paint the Town Pink Committee
2018	BHR Employee Caring Campaign Committee
2016-present	BHR Management Staff Meeting
2016-present	BHR Nursing Operations Committee, Baptist Health Richmond
2016-present	Baptist Health Education Resource Council, member

2018	PCA Pump System Policy Workgroup
2018	MOAT (Management Orientation and Training) Task Force
2018	Opioid Symposium Planning Committee
2016-Present	Infection Prevention and Control Meeting
2016-Present	Best Care Council (Shared Governance Committee) Facilitator
2017-Present	Unit Based Council Meeting Facilitator
2002 -2013	Advisory Board Member, Eastern Kentucky University College of Health Sciences
2002 – 2013	Advisory Board Member, Berea College of Nursing
2016-2018	Chair of the Education and Research Cabinet for Kentucky Nurse Association (KNA)
2016 – 2018	Abstract/Poster Reviewer for Kentucky Nurse Association (KNA)
2015 – 2016	Chair Leadership Succession Committee, Sigma Theta Tau International Honor Society of Nursing, Delta Psi, University of Kentucky
2015	Committee Member, Berea College Nursing Program National Faculty Search
2014	Berea College, Nursing Chair National Search Committee
2013-2014	Committee Member, Berea College, Natural Sciences and Health Building Planning Committee
2013 – 2015	Member Leadership Succession Committee, Sigma Theta Tau International Honor Society of Nursing, Delta Psi, University of Kentucky
2011 – 2018	CE Administrator for Kentucky Nurse Association (KNA)
2012	President, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD
2011	President-elect, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD

2008 -2010	Chair of the Education and Research Cabinet and Abstract/Poster Reviewer for Kentucky Nurse Association (KNA)
2010	Board Member at Large, Central Kentucky Staff Development Group (CKSDG) –chapter affiliate for ANPD
2005	Past President Board Member, Central Kentucky Staff Development Group (CKSDG) –chapter affiliate for ANPD
2004	President, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD
2003	President-elect, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD
1999	President, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD
1998 - present	President-elect, Central Kentucky Staff Development Group (CKSDG) – Chapter affiliate for ANPD

**PROFESSIONAL ACTIVITIES AND MEMBERSHIPS:**

2019 - present	American Organization of Nursing Leadership (AONL)
1994-Present	Association of Nursing Professional Development (ANPD), formerly National Nursing Staff Development Organization (NNSDO)
2017- Present	Kentucky Organization of Nurse Leaders (KONL)
2017-Present	Kentucky Nurses Action Coalition (KNAC) formerly Kentucky Center for Nursing
2002-Present	American Nurse Association (ANA)
2002-Present	Kentucky Nurse Association (KNA)

1994-Present	Sigma Theta Tau International Honor Society of Nursing, Delta Psi, University of Kentucky
1994-present	Central Kentucky Staff Development Group (CKSDG) –chapter affiliate for ANPD
2008-2013	Kentucky Organization of Nurse Leaders (KONL)
2015-2017	American Psychiatric Nurses Association, Present Elect
2014-2017	Society of Pediatric Nurses
2014-2016	Kentucky League for Nursing (KLN)
2013-2016	American Association of Colleges of Nursing (AACN)
1999-2003	Spina Bifida Association of America
1999-2003	Kentucky Spina Bifida Association
1993-1995	Nurse Practitioner/Nurse Midwives Coalition

### **Research Activities**

2020	In- Person versus Telehealth Nutrition Counseling Attendance and Satisfaction for Kentucky Patients, Study Personnel, Baptist Health Richmond, IRB approved.
2019 – present	Implementing a Customized Nurse Residency Program to Support Cultural Fit, Primary Investigator, Baptist Health Richmond, IRB approved.
2019	A study group model for certified nurse operating room (CNOR) exam preparation, co-investigator, Baptist Health Richmond, IRB approved.
2018	Designing a Nurse Residency Program for Cultural Fit: A Pilot Study – Research team member, Baptist Health Richmond, IRB approved.

2016 Expressive writing: A self-care intervention for first year undergraduates, co-investigator, Berea College.

### **Service as Preceptor/Coach/Mentor**

2021 Preceptor – MSN Capstone Project, Northern Kentucky University, Turn and Face the Strange: Helping Staff Embrace Change Using the ADKAR Model, Kristi Zachary.

2020 Preceptor – MSN Capstone Project, Capella University, An Adjunct Treatment for Hypoglycemia in the Neonate, Christine Short

2019 Preceptor - MSN Capstone Project, Western Governors University, The Use of Simulation to Strengthen Clinical Competency in the Community Hospital, Charlotte Durham.

2019 Preceptor – Community Partner, MSN Eastern Kentucky University, Implementing Evidence Based Practice, Jennifer Gibson

2017 Preceptor – DNP Capstone Project, Eastern Kentucky University, Streamlining the Nursing Approach to Newborns with Neonatal Abstinence Syndrome, Gail Reichert.

2017 Preceptor – MSN Capstone Project, Western Kentucky University, Baptist Health Richmond Nurse Development and Retention Model, Raymond Young.



## Poster and Podium Presentations

Ponder, J. (October 2023) A Study Group Model for Certified Nurse Operating Room (CNOR) Exam. Poster Presentation at the ANCC Magnet and Pathway to Excellence Conference. Chicago, Illinois.

Ponder, J. (June 2023) DiSC Personality Assessment. Podium Presentation. Baptist Health Lexington VolunTeen Program, Lexington, Kentucky.

Ponder, J. (May 2023) Clinician in the Classroom. Transition to Practice. Podium Presentation. Eastern Kentucky School of Nursing, Berea, Kentucky.

Ponder, J. (May 2023) Clinician in the Classroom. Nurses as Lifelong Learners. Podium Presentation. Eastern Kentucky School of Nursing, Berea, Kentucky.

Ponder, J. (March 2023) DiSC Personality Assessment. Podium Presentation. Madison County Government Leadership Team, Richmond, Kentucky.

Ponder, J. & Leonhardt, L. (March 2022) Shared Governance. Guest Lecturer at Berea College Department of Nursing, Berea, Kentucky.

Ponder, J. (March 2022) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (March 2022) Charge Nurse Program – Teambuilding. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (February 2022) Transition to Practice Nurse Residency: Wound/Skin Care and Performance Improvement. Facilitator, at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (December 2021) Transition to Practice Nurse Residency: Technology in Healthcare/Patient Safety/EBP-PI Project. Facilitator, Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (November 2021) Transition to Practice Nurse Residency: Evidence-based Practice. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (November 2021) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (October 2021) Transition to Practice Nurse Residency: Future as Nursing, Developing Time Management. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (August 2021) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (July 2021) Running a Professional Virtual Meeting. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (June 2021) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (May 2021) Transition to Practice Nurse Residency: Session 2. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (May 2021) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (May 2021) Charge Nurse: Day 2. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (April 2021) Transition to Practice Nurse Residency: Introduction. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (April 2021) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (November 2020) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (June 2020) Transition to Practice Nurse Residency: Evidence-based Practice. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (May 2020) Transition to Practice Nurse Residency: Patient Centered Care. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (April 2020) LEAD Program – Time Management. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (March 2020) LEAD Program – Change and Burnout Prevention. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (February 2020) LEAD Program – Employee Rewards and Recognition. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (February 2020) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (February 2020) Transition to Practice Nurse Residency: Communication. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (January 2020) Transition to Practice Nurse Residency: Communication. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (December 2019) LEAD Program –Effective Delegation and How to Assign Work – Team Concept. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (November 2019) Transition to Practice Nurse Residency: Introduction. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (August 2019) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. & Leonhardt, L. (June 2019) Meeting Facilitation, Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (May 2019) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (April 2019) Delta Psi at Large Chapter of Sigma Induction Ceremony – History of Sigma and President Welcome, Podium presentation Lexington, Kentucky

Ponder, J. (March 2019) Charge Nurse Program – Teambuilding. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (February 2019) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (November 2018) Everything DiSC. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Blair, M., **Ponder, J.** & King, L. (November 2018) Mentoring our Peers and New Graduate Nurses. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Blair, M. & **Ponder, J.** (September 2018) New Graduate Registered Nurse Transition to Practice. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (August 2018) Fundamentals of Precepting Program. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

Ponder, J. (April 2018) Presenter Delta Psi Chapter of Sigma Induction and Charter Ceremony – President Welcome

Ponder, J. (February, 2018) LEAD Program - Resolving Conflict. Podium presentation at Baptist Health Richmond, Richmond, Kentucky

- Ponder, J. (November, 2017) Pathway to Excellence. Podium presentation KONL members at Baptist Health Richmond, Richmond, Kentucky
- Ponder, J. (November, 2017) Leadership Education and Development (LEAD) Program: Motivating and Coaching. Podium Presentation at Baptist Health Richmond, Richmond, Kentucky
- Ponder, J. (October, 2017) Leadership Education and Development (LEAD) Program: Teamwork. Podium Presentation at Baptist Health Richmond, Richmond, Kentucky
- Ponder, J., Schekel, M. & Patterson, B. (October 2017).** Nurse Faculty Leadership Academy Leading in Academia and Practice. Poster presentation at Sigma Theta Tau International Conference, Indianapolis, Indiana.
- Ponder, J. (October 2017). Charge Nurse Program – Teambuilding. Podium presentation at Baptist Health Richmond, Richmond, Kentucky
- Ponder, J. (October 2017) LEAD Program Conflict Management. Podium presentation at Baptist Health Richmond, Richmond, Kentucky
- Turner, L. & Ponder, J. Christian, G. (June 2016). Undergraduate Community Research in Appalachia. Poster presentation at Association of Community Health Nurse Educator’s Annual Meeting, Indianapolis, Indiana.
- Ponder, J. (May 2016). Testing and Remediation Policies to Promote NCLEX-RN Success. Poster Presentation at Kentucky League of Nursing (KLN) Conference, Louisville, Ky.
- Kirby, C. & Ponder, J. (February 2016). Testing and Remediation Policies to Promote NCLEX-RN Success. Poster Presentation at American Association of Colleges of Nursing (AACN) Conference, St. Petersburg, Fl.
- Ponder, J. & Janes, R. (2014). Community Health Needs Assessment. Poster Presentation at Poster Palooza, Central Kentucky Staff Development Group, Lexington, Ky.
- Ponder, J. & Janes, R. (2012). Circadian rhythm and shiftwork. Poster Presentation at Kentucky Nurses Association Conference, Louisville, Kentucky. October.
- Ponder, J. (2012). Transition outcomes in young adults with disabilities. Podium Presentation at Shriners Hospitals for Children, Lexington, Kentucky. May.

Ponder, J. (2011). Leading by example: Our mission, vision, core values and the FISH Philosophy. Poster Presentation at Kentucky Nurses Association Conference, Louisville, Kentucky. October.

Ponder, J. (2009). Choices and change: Nurse's voices influencing tomorrow, through the use of a nursing journal club. Poster Presentation at Kentucky Nurses Association Conference, Louisville, Kentucky. October.

Ponder, J. (2006-2013) Leader/facilitator Monthly Nursing Journal Club. Shriners Hospitals for Children, Lexington, Kentucky.

Ponder, J. (2002). Bowel Management in the Spina Bifida Population Podium Presentation, Shriners Hospitals for Children

Presler, B. & **Ponder, J.** (2002). Guest Lecturer UK Rehab, Spina Bifida, Podium Presentation Lexington, Ky.

Ponder, J. (2001). Shriners Hospitals for Children Multidisciplinary Grand Rounds: Summer Camps for Children with Special Needs, Lexington, Kentucky.

Presler, B. & **Ponder, J.** (2001). Annual Kentucky Family Professional Retreat Podium Presentation on Bowel Management in Children with Spinal Bifida, Jenny Wiley State Park

Ponder, J. (1999). Creative Learning Techniques. Central Kentucky Staff Development Group Fall Workshop. Podium Presentation. Lexington, Kentucky.

Ponder, J. (1998). Latex Allergies. Central Kentucky Staff Development Group. Podium Presentation. Lexington, Kentucky.

## **BOOK CLUB**

2020	Leadership Book Club: The Power of a Positive Team
2019	Leadership Book Club: The Power of a Positive Team
2018	Leadership Book Club: The Power of a Positive Team

2017 Leadership Book Club: Who Moved My Cheese

### **WRITING/PUBLICATIONS:**

Ponder, J. Contributing editor Case Studies in Public Health Nursing: Online Practice and Application, 2020, Student Resource on Evolve, Elsevier.

Kennison, M., Lamb, C., **Ponder, J.**, Turner, L., Karpinski, A., Dzurec, L. (2019). Expressive writing: A self-care intervention for first year undergraduates. *Building Healthy Academic Communities Journal*, 3, 1.

**Ponder, J.** Contributing editor and revision of select sections for Health risks across the life span chapter in 2018 5<sup>th</sup> edition of foundations for population health in community/public health nursing by Marcia Stanhope and Jeanette Lancaster.

**Ponder, J.** (2017). Resiliency in the face of adversity. Called to teach *Journal of Christian Nursing*.

### **ACADEMIC SERVICE TEACHING – BEREA COLLEGE 2013-2016**

- NUR 110 SRNA DIDACTIC AND CLINICAL
- NUR 341 NURSING ASSESSMENT CLINICAL
- NUR 351 MENTAL HEALTH NURSING CHILD AND ADULT CLINICAL
- NUR 355 PEDIATRIC NURSING DIDACTIC AND CLINICAL
- NUR 448 COMMUNITY HEALTH NURSING CLINICAL
- NUR 450 SENIOR SYNTHESIS CLINICAL
- NUR INTRODUCTION TO HEALTHCARE CAREERS

### **COMMUNITY/VOLUNTEER**

- Shriners Hospitals for Children
  - Volunteer at Annual Prom for Patients and Families
  - Volunteer at Annual No Limit Sports Clinic
  - Volunteer at Summer Camps for Children with Spina Bifida
- Roundstone Elementary School Parent Volunteer 2001-2010
- Rockcastle County Middle School (RCMS) Basketball Boosters
  - Assist with running the concession stand at games 2007-2010
- RCMS Kentucky Youth Assembly (KYA) Club Parent 2007-present
  - Parent chaperone at conferences for KYA and Kentucky United Nations Assembly (KUNA) 2007-present

- Assist students with writing bills and proposals to present at conferences
- Assist students with preparing display boards
- Parent chaperone at after school dances
- Assist with KYA Club fundraiser activities
- Received KYA Club Parent Volunteer Award 2009
- Received KYA Club Advocate for Community Excellence (ACE) Award 2010
- Rockcastle County High School KYA Club
  - Assist students with writing bills and proposals to present at conferences
  - Assist students with preparing display boards
- RCHS Basketball Boosters
  - Volunteer worker at Rocket Madness Basketball 2008-present
  - Donate items for silent auction
  - Parent chaperone at Winter Ball sponsored by Rockets Basketball Team
  - Donate food items for Winter Ball
  - Assist with running the concession stand at games 2008-present
- Liberty Avenue Full Gospel Outreach Church
  - Member
  - Sunday School Teacher for over 20 years
  - Adult leader working with youth group
  - Vacation Bible School worker
  - Food Pantry
    - Donations
    - Food Baskets
  - Co-director of Christmas Play
  - Ladies Group
    - Newsletter
    - Van driver for ladies outings

